

Reentry Council

City and County of San Francisco

72 Hour Checklist

The first 72 hours after release are critical to your success. Use this checklist to guide your transition.

Upon release from custody, report to the Parole or Probation office within 24 hours, as ordered by the Court, or as you were previously instructed.
If you have questions regarding whether or not you are under supervision or you don't know where to report, it is your responsibility to contact either Probation or Parole and confirm your supervision status.
San Francisco Adult Probation Department Website: https://sfgov.org/adultprobation/ Phone: (415) 553-2000
Division of Adult Parole Operations Website: https://www.cdcr.ca.gov/Parole/Public Officers and Regional Offices/index.html Region Telephone (415) 703-3164
Address your food needs at a food pantry or a soup kitchen that serves your area.
Resolve any immediate medical or mental health needs, such as prescription refills.
Apply for benefits at the CASC such as MediCal, Medicare, CalWORKs (TANF), General Relief, or CalFresh (Food Stamps).
Connect with a reentry program and search the digitized Getting Out and Staying Out Resource Directory to connect with services that meet your needs.